



Flavorful Starters

Vietnamese Crispy Egg Roll

Crispy egg rolls filled with fresh cabbage, carrots, onions & vermicelli noodles. Your choice of Pork or Organic Tofu
2.49 (1 roll) 4.99 (2 rolls) 6.99 (3 rolls)



Bambu Sampler Platter

2 Vietnamese crispy eggrolls, 2 fresh spring rolls, 4 steamed pot stickers, 4 cream cheese wontons & 4 Bambu wings 19.99

Bambu Cheese Puffs

Crispy cream cheese wontons served with sweet & sour sauce
2.49 (2pcs) 4.99 (4 pcs) 6.99 (6 pcs)

Fresh Spring Rolls

Rice paper wrap filled with chicken & shrimp, lettuce, cilantro, carrots, bean sprouts, rice stick noodles, & served with peanut sauce & crushed peanuts 2.99 (1 roll) 5.99 (2 rolls)



Fresh Mango Rolls

Fresh mango, rice paper, lettuce, cilantro, carrots, bean sprouts, rice stick noodles and served with peanut sauce
2.99 (1 roll) 4.99 (2 rolls)



Chicken Teriyaki Kabob

Three skewers teriyaki chicken & sesame seeds. Garnished with pickled cucumbers. Served with peanut sauce 8.99

Bambu Wings (6)

Deep fried marinated chicken wings. Served with Bambu sweet & sour chili sauce 6.99

Organic Edamame with Sea Salt

Boiled young soy beans in the shell (these beans are high in vitamin a, b, and calcium) 4.99



Drunken Mussels

Mussels, yellow onions, ginger, Thai basil leaves with our secret ingredients 9.99



Crispy Soft Shell Crab

Soft-shell crab served with ponzu sauce 8.99



Shrimp Tempura

Fried battered shrimp. Served with your choice of Bambu chili sauce or sweet & sour sauce 6.99

Calamari

Battered calamari, bell pepper, yellow onions and scallions. Served with Bambu chili sauce or spicy mayo 8.99

Pot Stickers (6)

Steamed or pan-fried Chicken or Vegetable stuffed Dumplings 6.99



Extra Jumbo Shrimp (8)

Cooked extra jumbo shrimp. Served with horseradish cocktail sauce 12.99



Salads/Soups

Bambu Asian Salad

Romaine lettuce, carrots, tomatoes, strawberries, cucumbers, and cashews tossed in an Asian vinaigrette dressing. Served with peanut sauce 6.99
Add Chicken 2.99 Add Shrimp 3.99



Lettuce Wraps

Carrots, celery, jicama, red & green bell pepper, yellow onions, shiitake mushroom, scallion, and cilantro. Served with romaine lettuces, crispy noodles, and peanut sauce 8.99 Add Chicken 2.99 Add Shrimp 3.99



Seaweed Salad

Seaweed, carrots, pickled cucumbers, and sesame seeds 6.99



Squid Salad

Squid, bamboo shoots, black fungus, gong cai, pickled cucumbers, carrots & sesame seeds 8.99

Thai Papaya Salad "Som Tum Thai"

Sour, spicy, a bit salty & sweet mixed well with shredded green papaya, mango, tomatoes, dried shrimp, garlic, lime, peanuts 8.99

Mì Hoàng Thành

Egg noodles, wontons dumplings, BBQ pork, shrimp, bean sprouts, scallion, and cilantro 9.99

Hot & Sour Soup

Chicken, tofu, eggs, bamboo shoots, Shiitake mushrooms, and scallions
Small bowl 3.99 Large bowl 7.99



Wonton Soup

Savory chicken and shrimp wonton dumplings simmered in a rich chicken broth with mixed vegetables, scallions, and cilantro
Small bowl 4.99 Large bowl 8.99



Miso Soup

Fresh tofu, seaweed, and scallions Small Bowl 3.99 Large Bowl 7.99



Tom Yum Soup

The Bambu take on this classic regional dish with lemon grass, bamboo shoots, celery, carrots & mushrooms infused with broth that will clear your sinuses and warm you up from the inside out! Small Bowl 8.99 Large Bowl 9.99
Add Chicken or Organic Tofu 2.99 Add Shrimp 3.99

Special Menu

All special items served with Jasmine white rice, brown rice or fried rice except noodle or fried rice dishes. Your choice of 1 Vietnamese crispy egg roll, 1 fresh spring roll, 2 cheese puffs, or a cup of hot & sour soup. Substitute for Beef, Shrimp, or Squid 2.99 | Substitute for Scallops 4.99

If you have gluten allergy, please do not order from the Special Menu. Thank you!

Sesame Chicken

Deep fried lightly breaded white chicken meat glazed with sesame sauce and a sprinkle of sesame seeds on top. Garnished with broccoli 11.99

Chinese Fried Rice

Your choice of chicken or barbeque pork fried rice with eggs, peas, carrots, beans sprouts, and yellow onions 11.99

Coconut Curry

Stir fried green bell peppers, onions, carrots, and bamboo shoots with your choice of chicken, pork, mock duck or Organic Tofu in a coconut bases curry sauce 12.99

Broccoli Stir Fry

Broccoli, carrots stir fried with your choice of chicken, pork, mock duck or Organic Tofu 11.99

Sweet & Sour Chicken

Deep fried flight breaded white chicken meat topped with pineapple, bell peppers, onion, carrots and sweet & sour sauce 11.99

Vietnamese Noodle Salad with Egg Rolls

Rice noodles, cucumbers, carrots, cilantro, bean sprouts, daikon & topped with egg rolls. Served with fish sauce 11.99

Orange Peel Chicken

Deep fried chicken glazed with orange flavor sauce. Served with Jasmine white rice or fried rice 11.99

Phở

Your choice of chicken or beef steak 11.99

Kung Pao Chicken

Classic Szechuan. Stir fried white or dark chicken, celery, carrots, broccoli, peapods, and chili pepper with our spicy Kung Pao sauce & topped with peanuts 12.99

Egg Foo Young

One lightly fried patty that contains eggs, fresh cabbage, and topped with Bambu brown gravy sauce and your choice of chicken or pork 11.99

Customers' favorite items are outlined in red. If you are ordering Gluten Free or Vegan, you need to let your server know.



Gluten Free,



Vegan, Spicy.

A Taste of Thailand

All entrees are served with steamed Jasmine white rice except noodle or fried rice dishes.

Substitute for rice noodles 1.99 | Substitute for brown rice .75 | Substitute for fried rice 1.99 | Substitute for sticky rice 1.99 | Substitute for gluten free fried rice 2.99
Add Chicken, Pork, Organic Tofu, Mock Duck 2.99 | Squid, Grass Fed Beef or Shrimp 3.99 | Scallop 5.99 | Meat Combo 4.99 | Seafood Combo: 6.99
All dishes can be prepared to your desired spiciness: mild, medium, or hot (scale 1-10) Please note: there is \$1 more when you order gluten free due to higher costs.

Pad Thai

Thai thin-wide rice noodles pan seared with eggs, carrots, bean sprouts, onions, and basil leaves in a Bambu Thai sauce 9.99



Thai Basil Stir Fry

Stir fried fresh zucchini, celery, carrots, onions & basil leaves 8.99



Thai Basil Noodles or Rice

Stir fried rice noodles or rice with eggs, peapods, carrots, and fresh basil leaves 8.99



Massaman Stir Fry

Stir fried yellow onions, potato, avocado with Massaman curry sauce and topped with cashew nut Half Portion 8.99 Full Portion 10.99



Penang Red

Peanut flavored red coconut curry sauce with red & green bell pepper, zucchini, and asparagus Half Portion 8.99 Full Portion 10.99



Green Curry

Stir fried asparagus, peapods, bamboo, and yellow onions Half Portion 8.99 Full Portion 10.99



Coconut Curry

Stir fried green bell peppers, onions, carrots, and bamboo shoots in a coconut based curry sauce Half Portion 7.99 Full Portion 9.99



Yellow Curry

Stir fried potato, green bell peppers, bamboo shoots, carrots, and yellow onions all simmering in a Thai yellow curry sauce Half Portion 8.99 Full Portion 10.99



Shrimp Curry

Stir fried yellow onions, carrots, asparagus, green and red bell peppers, and broccoli in a combination of curry sauces 15.99



Massaman Seafood Curry

Jumbo scallop, shrimp, and squid with asparagus, red & green bell pepper, and pineapple simmering in Massaman curry 16.99



Seafood Linguine Curry

Stir fried jumbo shrimp, squid, scallop with red & green bell peppers & wheat linguini in Thai Red Curry sauce 16.99

Spicy & Sweet Blast Curry

A combination of fresh zucchini, asparagus, pineapple, mushrooms and bell peppers. Unique sauce of spicy & sweet flavors 10.99



A Taste of China

All entrees are served with steamed Jasmine white rice except noodle or fried rice dishes.

Substitute for rice noodles 1.99 | Substitute for brown rice .75 | Substitute for fried rice 1.99 | Substitute for sticky rice 1.99 | Substitute for gluten free fried rice 2.99
Add Chicken, Pork, Organic Tofu, Mock Duck 2.99 | Squid, Grass Fed Beef or Shrimp 3.99 | Scallop 5.99 | Meat Combo 4.99 | Seafood Combo: 6.99
All dishes can be prepared to your desired spiciness: mild, medium, or hot (scale 1-10)
Please note: there is \$1 more when you order gluten free due to higher costs.

Bambú Signature Stir-Fry

Stir fried broccoli, mushrooms, pea pods, yellow onions, bamboo slices, carrots & celery Half Portion 7.99 Full Portion 9.99



Egg Foo Young

Lightly fried patties that contain eggs, fresh cabbage, and a Bambu brown gravy sauce 7.99 (1 patty) 9.99 (2 patties)



Bambu Chow Mein

Stir fry bamboo shoots, celery, carrots, yellow onions, peapods, mushroom, bean sprouts and topped with crispy noodles 8.99

Lo Mein

Stir fried egg noodles with cabbage, carrots, bamboo shoots, & onions Half Portion 7.99 Full Portion 9.99

House Special Lo Mein

Stir fried chicken, barbeque pork, shrimp, egg noodles, cabbages, carrots, bamboo shoots & onions 14.99

Chinese Fried Rice

Fried rice with eggs, peas, carrots, bean sprouts and onions Half Portion 5.99 Full Portion 7.99



House Special Fried Rice

Chicken, barbeque pork and shrimp stir fried with rice, peas, bean sprouts, carrots & onions 12.99



Mongolian Beef

Grass fed beef steak stir fried in a steaming hot wok with garlic, yellow, green onions, peapods & broccoli in a Mongolian sauce 14.99



Happy Bird Nest

Fried egg noodles made into a nest-like bowl with jumbo shrimp, chicken, beef, broccoli, bamboo shoots, snow peapods, carrots, yellow onions, mushrooms & quail eggs 16.99

Kung Pao Chicken

Classic szechuan, stir fried white or dark chicken, celery, carrots, broccoli, peapods, and chili pepper with our spicy Kung Pao sauce and topped with peanuts Half Portion 10.99 Full Portion 12.99



Triple Delight

Shrimp, chicken and pork with carrots, yellow onions, mushroom, snow peapods & broccoli 14.99



Tiger Pork

Crispy lean pork in a unique Bambu sauce with peapods Half Portion 9.99 Full Portion 13.99



Seafood Hot Pot

Combination of shrimp, scallops, squid & mussels all cooked in an earthen pot with mushrooms, carrots, yellow onions, bamboo slices, snow peapods & celery in a special Bambu sauce 16.99



Orange Peel Chicken

Deep fried chicken glazed with orange flavor sauce Half Portion 9.99 Full Portion 11.99



Sweet & Sour Chicken

Deep fried lightly breaded white chicken meat topped with pineapple, bell peppers, onions, carrots and sweet & sour sauce Half Portion 9.99 Full Portion 11.99

General Tao's Chicken

Deep fried slightly breaded white meat chicken stir fried with broccoli, peapods, mushrooms and carrots 9.99

Chow Fun

Stir fried fresh homemade wide rice noodles with bean sprouts, yellow onions & scallions 10.99



Asparagus Beef

Thinly sliced grass beef stir fried with asparagus, celery, tomatoes, yellow onions and scallions 14.99



Sesame Chicken

Deep fried lightly breaded white chicken meat glazed with sesame sauce and a sprinkle of sesame seeds on top. Garnished with steamed broccoli Half Portion 9.99 Full Portion 11.99



Red Snapper Fillet

Steamed or Pan-fried wild caught red snapper topped with black beans, ginger sauce & scallions 14.99



Customers' favorite items are outlined in red.
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Gluten Free



Vegan, Spicy

A Taste of Vietnam

All entrees are served with steamed Jasmine white rice except noodle or fried rice dishes.

Substitute for rice noodles 1.99 | Substitute for brown rice .75 | Substitute for fried rice 1.99 | Substitute for sticky rice 1.99 | Substitute for gluten free fried rice 2.99
 Add Chicken, Pork, Organic Tofu, Mock Duck 2.99 | Squid, Grass Fed Beef or Shrimp 3.99 | Scallop 5.99 | Meat Combo 4.99 | Seafood Combo: 6.99
 All dishes can be prepared to your desired spiciness: mild, medium, or hot (scale 1-10) Please note: there is \$1 more when you order gluten free due to higher costs.

Bún "Vietnamese Noodle Salad"

Rice noodles, cucumbers, daikon, carrots, bean sprouts, cilantro, lettuce, crushed peanuts, and fried shallots.
 Served with fish sauce 7.99 Add 2 Egg Rolls 3.99



Gà Xào Xả ớt "Spicy Chicken with Lemongrass"

Dark chicken meat cooked with lemongrass, yellow and green onions. Garnished with sliced fresh cucumbers 12.99



Hủ Tiếu Xào "Stir Fried Rice Noodles"

Stir fried rice noodles with cabbage, carrots, bamboo shoot, and scallions 9.99



Khoai Tây "Fried Potatoes"

Crispy fried potatoes stir fried with yellow & green onions 8.99



Bò Lúc Lắc "Shaking Beef"

Stir fried grass fed beef in a smoking hot wok with yellow onion, scallions, and bell pepper 15.99



Phở Tái Bò Viên "Beef Steak and Meatball Pho"

Phở served with thinly sliced beef steak & meatballs
 Regular 9.99 | Small 8.99 | Upgrade to super jumbo bowl 6.00

Phở Đặc Biệt "Special Phở"

Special Phở with a combination of sliced beef steak, meatballs, tendon, and tripe Regular 10.99 | Upgrade to super jumbo bowl 6.00

Phở Đồ Biển "Seafood Phở"

Phở served with snow crab meat, shrimp, scallop & squid
 Regular 11.99 | Upgrade to super jumbo bowl 6.00

Hủ Tiếu Hoặc Mì Mỹ Tho "Rice or Egg Noodle Soup"

Your choice of rice noodles or egg noodles with barbeque pork, shrimp, quail eggs, and snow crab meat 10.99

Phở Gà "Chicken Phở"

Phở served with sliced chicken
 Regular 9.99 | Small 8.99 | Upgrade to super jumbo bowl 6.00



A Taste of Japan

Sushi rolls are rolled with roasted seaweed, rice and other ingredients (see items descriptions).
 All sushi rolls are served with soy sauce, pickled ginger, and wasabi. Substitute soybean paper \$.50

Traditional Sushi Rolls

*Spicy Tuna Roll (5 pcs)

Spicy tuna, avocados, cucumbers, lettuce, and radish sprouts 7.99



*Philadelphia Roll (8 pcs)

Salmon, cheese, scallion, and sesame seeds 7.99



Veggies Roll (8 pcs)

Cucumbers, avocados, asparagus, carrots, radish sprouts and sesame seeds 7.99



*Spicy Salmon Roll (5 pcs)

Spicy salmon, avocados, cucumbers, lettuce, and radish sprouts 7.99



Flying Salmon Roll (8 pcs)

Crispy salmon skin, carrots, cucumbers, lettuce, Jalapeno pepper, and topped with seasoned fish flakes & sesame seeds and midigal sauce 7.99



Mangofruits Roll (8 pcs)

Mango, avocado, strawberries in soybean paper, sesame seeds, and mango sauce 7.99



*Dynamite Roll (5 pcs)

Hamachi & white fish with chili paste, jalapeno, scallions, lettuce, cucumbers and radish sprouts 7.99



Minnesota Roll (8 pcs)

Beer battered walleye, seasoned fish flakes, asparagus, avocado, romaine lettuce, midigal sauce 8.99



California Roll (8 pcs)

Wild caught snow crab, cucumbers, avocado, Japanese Mayo and roasted sesame seeds 9.99



Cucumber Roll 6 • Avocado Roll 6 • Tuna Roll 6 • Salmon Roll 6



Bambu Sushi Rolls

*Winter Roll (8 pcs)

Salmon, tuna, white fish, cucumbers, avocados, spicy mayo, topped with tempura flakes, midigal, and eel sauce 16.99

*Rainbow Roll (8 pcs)

Wild caught snow crab, cucumbers topped with salmon, yellow tail, tuna, escolar, red snapper, avocados and masago mayo 18.99



*Sexy Lady Roll (10 pcs)

Spicy tuna, tempura shrimp, avocados, cucumbers, soybean paper, strawberry & mango sauce 17.99

*Spider Roll (6 pcs)

Crispy soft shell crab, cucumbers, avocados, radish sprouts, and masago mayo 12.99



Caterpillar Roll (8 pcs)

Fresh water eel, cucumbers, avocados, sesame seeds and eel sauce 12.99

Dragon Roll (8 pcs)

Shrimp tempura, cucumbers, Japanese Mayo, topped with fresh water eel, avocados, eel sauce, and sesame seeds 17.99

Crunchy Roll (8 pcs)

Shrimp tempura, cucumbers, avocados, tempura flakes, masago mayo and eel sauce 12.99

Mexican Roll (10 pcs)

Tuna, super white tuna, avocado, mango, cilantro, jalapeño pepper 17.99



Houston Roll (10 pcs)

Deep fried sushi roll with cooked salmon, white fish, asparagus, cream cheese, Japanese Mayo, midigal, and eel sauce 17.99

Tiger Roll (10 pcs)

Deep fried roll with shrimp tempura, wild caught snow crab, asparagus, cream cheese and topped with mango and eel sauce 18.99

*Chef Special Roll (8 pcs)

Salmon, tuna, cucumbers, masago mayo, topped with salmon, avocado, tempura flake, tabiko, and midigal sauce 18.99

*Nigiri/Sashimi

All nigiri and sashimi are served with soy sauce, pickled ginger, and wasabi

Nigiri: Fresh cut piece of sushi grade fish on top of a pinch of sushi rice, 2 pcs

Salmon (Sake) 5

Yellow Tail (Hamachi) 5

Freshwater Eel (Unagi) 5

Red Snapper (Tai) 5

Mackerel (Saba) 5

Flying Fish Roe (Tobiko)

Orange, Red, or Wasabi 4

Tuna (Maguro) 5

Super White Tuna (Escolar) 5

Shrimp (Ebi) 4

Octopus (Tako) 5

Smelt Roe (Masago) 4

Egg Custard (Tamago) 4

Sashimi: Fresh cut sushi graded fish, 5 pcs

Salmon (Sake) 10

Yellow Tail (Hamachi) 10

Freshwater Eel (Unagi) 10

Red Snapper (Tai) 10

Mackerel (Saba) 10

Flying Fish Roe (Tobiko)

Orange, Red, or Wasabi 9

Tuna (Maguro) 10

Super White Tuna (Escolar) 10

Shrimp (Ebi) 9

Octopus (Tako) 10

Smelt Roe (Masago) 9

Egg Custard (Tamago) 9

Sushi/Sashimi Platter

*Sushi Rolls 22.99

1 Spicy Tuna Roll, 1 Flying Salmon Roll, and 1 California Roll

*Sashimi 15.99

8 pieces of assorted sashimi



*Sushi/Sashimi 23.99

Chef's choice 4 pieces Nigiri, 4 pieces assorted sashimi & 8 pieces Flying Salmon Roll

*Love Boat 39.99

Chef's choice 1 special sushi roll, 4 pieces assorted sashimi, 4 nigiri, and 2 hearts

*Hamachi Jalapeño

Sashimi hamachi, cucumber, jalapeno, cilantro and garnished with carrots and lemon 18.99

*Tuna Tataki

Thinly sliced pan seared sashimi grade tuna with our house sauce. 14.99

*Love Bridge 57.99

Chef's choice 2 special sushi roll, 8 assorted sashimi, 4 assorted nigiri, and 2 hearts

Bambu Bento Boxes 14.99

All bento boxes are served with a cup of miso soup, a house salad, teriyaki chicken, Jasmine white rice, and your choice of a 4 piece of sushi roll.
 NOTE: Pick any sushi roll from the Traditional Sushi Rolls menu section except the Flying Salmo, Minnesota, and California Roll.

When you see a * symbol on the menu, it symbolizes those menu items are prepared undercooked or raw.
 Please be advised that individuals with certain health conditions may be at higher risk if these foods are consumed.
 Customers' favorite items are outlined in red. If you are ordering Gluten Free or Vegan, you need to let your server know.



Gluten Free



Vegan, Spicy.

Eat Right For Your Type

This menu was created basis on the concept that by uploading the right type of food into your body, you will be able to stay healthier, live longer, and achieve your ideal weight.

Blood Type O: The Hunter Gather

Grass fed steak, asparagus and served with white rice 18.99



Blood Type A: The Veganese

Organic Tofu stir fried with fresh cabbage, celery, carrots, onions, mushroom, ginger & garlic and served with white rice 12.99



Blood Type B: The Balancer

Grass fed beef, carrots and potato cooked in yellow curry and served with white rice 14.99



Blood Type AB: The Rare One

Pan seared fried salmon topped with special mango & pineapple sauce, steamed broccoli, and served with white rice 14.99



Sides/Extras

Add Chicken, Pork, Organic Tofu, or Mock Duck: 2.99

Squid, Grass Fed Beef or Shrimp: 3.99

Scallop: 5.99

Meat Combo: 4.99 | Seafood Combo: 6.99

Jasmine White Rice: Small 1.50 or Large 2.00

Brown Rice: Small 1.50 or Large 2.00

Rice Noodles: Small 2.00 or Large 4.00

Sticky Rice: Small 3.00 or Large 4.00

Extra Sauce: .50

Extra Curry sauce: 2.00

The Story



My name is Yin Thong, owner of Bambú.

Welcome to my restaurant. I grew up in a small village in Vietnam with the rich tastes and flavors from my ancestor's cooking. As a young woman, I was fortunate enough to travel to Hong Kong and experience the taste of Chinese food far beyond my own imagination. Sixteen years later, from the time I first arrived to the United States, it had been my life-long dream and vision to one day bring back those childhood flavors from my homeland and share with you these tastes and flavors experienced from my homeland and travels.

We have created a fusion of traditional dishes with progressive tastes, and have successfully elevated common fare to a meals worth sharing. Although these menu items may seem familiar, I believe you will find a difference in taste quality and freshness! It starts when we shop for these ingredients daily at local markets, and opt to use only the Twin Cities' premiere food distributors. Preparing your meals with care, using only the freshest and highest quality ingredient, and taking pride in our recipes, shows with every dish we serve as we put all our heart into cooking each meal and deliver it to you with the utmost care in servicing you. I sincerely hope your experience at Bambú will become an unforgettable one. Allow me to extend these tastes from my home and travels to you.

Thank you for dining at Bambú! Yin Thong, Owner

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, diet and in the cause and prevention of disease."

— THOMAS A. EDISON —

**DINE-IN | TAKE-OUT | DELIVERY
CATERING | PRIVATE PARTY**

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651-747-1000 | www.bambuonline.com

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Love Bambu? Follow us on: Twitter, Facebook, and/or Foursquare



Join us on our VIP club and receive exclusive special offers and a

FREE BIRTHDAY MEAL on your birthday.

Online Ordering: www.bambuonline.com

Food Allergy Notice

The most common food allergens include milk and dairy products, eggs and egg products, fish, shellfish, wheat, soy and soy products, peanuts, and tree nuts. You will find one or more of these ingredient in many of our dishes. While our menu items highlight most of the ingredients contained in our meals we encourage you to ask our servers if you require further clarification.

An 18% gratuity will be added for a party of 6 or more.

Customers' favorite items are outlined in red.

If you are ordering Gluten Free or Vegan, you need to let your server know.



Gluten Free



Vegan, Spicy.